



NSS Unit Government College Panarsa District mandi (H.P.)

REPORT OF SEVEN-DAY NSS SPECIAL CAMP 2024-25

(5th to 11th February, 2025)

Under the theme
"Youth For My Bharat, Youth For Digital Literacy"



Submitted to:
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NSS UNIT

GOVERNMENT COLLEGE PANARSA

SEVEN DAY SPECIAL CAMP

A Seven-Day NSS Special Camp was organized by the NSS Unit of Government College Panarsa, District Mandi (H.P.) from 5th to 11th February 2025. The theme of the camp was “Youth for My Bharat, Youth for Digital Literacy” and total number of fifty NSS volunteers participated in the camp.

DAY-1 (05-02-2025)

Exactly at 10:00 AM all the volunteers reached the college campus. Ravi Sharma, Vedika and Suhani registered all the volunteers who were to attend the special camp in the next seven days. After registration, all the volunteers cleaned the rooms and surroundings of the college. The Inauguration Ceremony of the camp started at 11:00 am. The camp was formally inaugurated with the hoisting of NSS Flag by our worthy Principal Dr. Ursem Lata.



After flag hoisting all NSS volunteers gathered in the college hall. The programme in the hall started with the lighting of lamp, Saraswati Vandana and NSS song. Thereafter, the NSS Programme Officer, Krishan Lal welcomed the Chief Guest, faculty members and NSS volunteers and gave a presentation on the importance and relevance of NSS. He also gave an outline of the major activities that were proposed to be organized during the one-week long camp. Many cultural programmes were also presented by the NSS volunteers.

After lunch all volunteers gathered in the college hall for ice braking session. All volunteers were divided into five groups. Each group had given different tasks. After dinner, about 08:00 PM all volunteers once again gathered in the hall and organized a Bhajan Sandhya.



OPENING CEREMONY OF THE CAMP



DAY-2 (06-02-2025)

The second day of the camp started at 6:30 AM in the morning with Prabhat Feri from college campus to Check Post. After Prabhat Feri all volunteers reached the school ground where they did exercise, yoga and prayer. After breakfast the volunteers processed to clean the college campus. They were assigned different areas of college. A cleanliness drive was conducted in the college campus and the beds of the college garden were repaired. About 1:00 PM all the volunteers gathered in the hall for the academic session.

This session was very important and useful for the volunteers in which Dr. Dimple Jamta, Assistant Professor (Commerce) from Department of Commerce of our college was invited as a resource person. Dr. Jamta gave her speech on “Consumer Awareness and Protection” under the aegis of “Jago Grahak Jago” campaign of Department of Consumer Affairs of Government of India. She made the volunteers aware about the rights of the Indian consumers and also told them about legal provisions in this regard.

At the end of her speech volunteers asked question and got their doubts cleared about consumers rights. After lunch the volunteers completed the remaining work of repairing the flowers beds of the college garden.



Apart from this, a Seven-day painting workshop based on Pahari Architecture was organized by Alumni Association of our college with the collaboration of Department of Art and Culture, Mandi Himachal Pradesh in which the NSS volunteers made a significant contribution. After dinner, about 08:00 PM all volunteers once again gathered in the hall and organized a Sanskritik Sandhya.

DAY-3 (07-02-2025)

The third day of the NSS camp started with the routine activities of the morning session. It started at 6:30 AM in the morning. After the Prabhat Feri, exercises, Yoga, drill session and morning prayer the volunteers gathered in the campus and the report of the works carried out during the previous day was discussed. After breakfast, the volunteers were ready to Shramdaan. They collected all the pots from college campus and placed them in one place.



All flower pots were emptied, cow dung was mixed in the soil and were refilled. Apart from this, 30 new flower pots were also prepared. About 1:00 PM all the volunteers gathered in the hall for the academic session. This session was very important and useful for the volunteers in which Dr. Khem Chand Thakur, Assistant Professor of Political Science from Government College Kullu, was invited as a resource person. He gave his speech on “My Bharat Outreach Programme.” In his speech he told the volunteers about My Bharat portal, its importance and its uses. He said that My Bharat portal is an online platform and an initiative of Ministry of Youth Affairs & Sports to empower Indian youth through social mobility, educational equity and practical skills.

He also talked about the future benefits of My Bharat Portal. Apart from this, Volunteer Miss Baby Sharma from Government College Kullu who recently participated in the Republic Day Parade, was also invited to motivate the volunteers of the college. She shared her experiences and motivated the volunteers to always be ready to make your dreams come true. After lunch all volunteers gathered in the college hall for ice breaking session. They played different games and enjoyed them. After dinner, about 08:00 PM all volunteers once again gathered in the hall and organized a Sanskritik Sandhya, in which different cultural activities were performed.

DAY-4 (08-02-2025)

The fourth day of the camp started with the routine activities of the morning session. It started at 6:30 AM in the morning. After the Prabhat Feri, exercises, Yoga, drill session and morning prayer the volunteers gathered in the campus and the report of the works carried out during the previous day was discussed. After breakfast, the volunteers conducted a cleanliness drive in the adopted village Panarsa.



They collected garbage dumped around the highway and streets of the village. The shramadan activities started at 10:00 AM. All the NSS volunteers had given a proper area for their cleaning activity and they all have done their duties with maximum effort and attention. The cleaning work continued till 12:30 PM. About 1:00 PM all the volunteers gathered in the hall for the academic session.





This session was very important and useful for the volunteers in which Prof. Jyoti Charan Chauhan, Assistant Professor of History from Government College Kullu, was invited as a resource person. He gave his speech on “Indian Knowledge System.” In his speech, he described the Indian Knowledge system as rich and the best in the world.

He said that today the whole world is acknowledging the power of Indian Knowledge System. He gave many examples of ancient Indian science, technology, art and architecture, culture, religion, philosophy, language, grammar, mathematics, astronomy etc. which travelled to Arab world and then to Europe. At the end of his speech volunteers asked question and got their doubts cleared about IKS.

After lunch the volunteers gathered in the painting workshop hall and participated enthusiastically in the workshop and made various paintings. After dinner, about 08:00 PM all volunteers once again gathered in the hall and organized a Bhajan Sandhya.



DAY-5 (09-02-2025)

The fifth day of the camp started at 6:30 AM in the morning with Prabhat Feri from college campus to Check Post. After Prabhat Feri all volunteers reached the school ground where they did exercise, yoga and prayer. After breakfast the volunteers went to the adopted village Panarsa and conducted a phase-II cleanliness drive in the remaining area of the village.



Around 12:30 PM all the volunteers reached back to the college. After rest about 1:00 PM all the volunteers gathered in the hall for the academic session. This session was very important and useful for the volunteers in which Prof. Raj Kumar, Assistant Professor of History from Government College Thachi, was invited as a resource person.



He gave his speech on “Adivasi Movements in India and the Role of Birsa Munda.” In his address, he talked about different Adivasi or Tribble Movements in during the 18th and 19th Century India. He gave detailed information on Birsa Munda. In the evening session various cultural activities were performed by the volunteers. After dinner, about 08:00 PM all volunteers once again gathered in the hall and organized a Bhajan Sandhya.



DAY-6 (10-02-2025)

The sixth day of the NSS camp started with the routine activities of the morning session. It started at 6:30 AM in the morning. After the Prabhat Feri, exercises, Yoga, drill session and morning prayer the volunteers gathered in the hall and the report of the works carried out during the previous day was discussed. After breakfast, the volunteers again gathered in the hall for academic session.



This session was about Road Safety and Drug Abuse in which Traffic In-charge Sh. Gulzar Muhamad and his team from Police Thana Aut were invited as resource persons. In his address, Sh. Gulzar Muhamad firstly talked about different Traffic Rules and then he made the volunteers aware about the dangers of Drugs especially synthetic drugs like Chitta. At the end of his speech volunteers asked question and got their doubts cleared about Traffic Rules and Drugs. After lunch all volunteers went to tree plantation Phase-II of campaign 'Ek Ped Maa Ke Naam' at Kotadhar forest.



This tree plantation programme was sponsored by the Forest Department Panarsa and Mr. Kailash, a local gentleman especially contributed in this plantation. About 80 plants were planted by the volunteers. In the evening session various cultural activities were performed by the volunteers.

DAY-7 (11-02-2025)

The Seventh day was the closing ceremony of Seven-day NSS camp. As it was the last day of the camp, the NSS volunteers piloted a Cultural Event which included various cultural performances such as solo song, group song, solo dance, group dance and Pahari Naati. The event was graced by Dr. Ursem Lata, the Principal of our college and Prof. Charu Ahluwalia, Prof. Hira Singh, Prof. Ratan Negi, Prof. Anita, Dr. Dimple Jamta, Dr. Nisha Sharma and college Librarian Smt. Bindu ji were also present in the program. The programme started with the Saraswati Vandana which was recited by our NSS volunteers to seek the blessings of Goddess Saraswati.

Thereafter, A full report about the activities conducted in the camp was presented by NSS Programme officer Prof. Krishan Lal. To add some cultural taste, a group dance was presented by Vedika, folk song by Dharam Chand and a folk dance or Pahari Naati was performed by the volunteers.





Our NSS volunteers have been working all over the year to serve the community and bring the best out of them but there are some volunteers who have put their heart and soul throughout the year and especially during the camp. So, to acknowledge those volunteers the Award and prizes of Appreciations were given to them.

After valedictory program, a speech of gratitude and substance was given by our worthy Principal, Prof. Ursem Lata wherein she congratulated the programme officers, Mr. Krishan Lal and the whole team of NSS for the success of the camp.

In her address, she remembers all those ideas and people who made significant contributions in creating the NSS. Remembering Mahatma Gandhi, she motivated the volunteers to imbibe the thoughts, dedication towards the nation and spirit of cleanliness in their lives.

She also makes the volunteers aware about the true meaning of NSS and being a NSS volunteer. At the end, event was concluded by a vote of thanks given by NSS President Mr. Tushar Kumar and followed by National Anthem.



Media Coverage

पनारसा कॉलेज में सात दिवसीय विशेष शिविर का आरंभ

अनंत ज्ञान, मंडी। राजकीय महाविद्यालय पनारसा में राष्ट्रीय सेवा योजना इकाई द्वारा सात दिवसीय विशेष शिविर आरंभ हुआ। कार्यक्रम की अध्यक्षता प्राचार्य डॉ. उरसेमलता द्वारा की गई। कार्यक्रम का आगाज एनएसएस के ध्वजारोहण एवं गार्ड ऑफ ऑनर के साथ हुआ। कार्यक्रम अधिकारी कृष्ण लाल ने बताया कि यह शिविर आगामी 7 दिनों तक चलेगा जिसमें स्वयंसेवियों द्वारा विभिन्न प्रकार की गतिविधियां आयोजित की जाएगी। इसमें पर्यावरण जागरूकता, सामुदायिक सहभागिता एवं विकास, सड़क सुरक्षा, भारतीय ग्राहक अधिकार, नशा मुक्ति, ठोस अपशिष्ट प्रबंधन, भारतीय ज्ञान प्रणाली आदि गतिविधियां शामिल हैं। इसके अतिरिक्त स्वयंसेवियों द्वारा विभिन्न प्रकार की सांस्कृतिक एवं बौद्धिक गतिविधियों का भी आयोजन किया जाएगा। प्राचार्य डॉ. उरसेमलता ने जहां विद्यार्थियों को एनएसएस के इतिहास एवं यात्रा का विस्तार पूर्वक विवरण प्रदान किया है वहीं उन्होंने स्वयंसेवियों को पनारसा कॉलेज के आदर्शों

पनारसा कॉलेज में एनएसएस शिविर शुरू

संवाद न्यूज एजेंसी

गार्ड ऑफ ऑनर के साथ कार्यक्रम शुरू हुआ।

भुंतर (कुल्लू)। राजकीय महाविद्यालय पनारसा में राष्ट्रीय सेवा योजना इकाई का सात दिवसीय विशेष शिविर शुरू हुआ।

इस दौरान महाविद्यालय की प्राचार्य डॉ. उरसेम लता बतौर मुख्य अतिथि मौजूद रहीं। एनएसएस के ध्वजारोहण एवं

कार्यक्रम अधिकारी कृष्ण लाल ने बताया कि शिविर सात दिन तक चलेगा। इसमें कॉलेज के 50 स्वयं सेवी भाग ले रहे हैं।

इस दौरान डॉ. चारू अहलूवालिया, प्रो. हीरा सिंह, रतन नेगी व बिंदु सूर्यवंशी मौजूद रहे।

वालंटियर बेबी ने गणतंत्र परेड के अनुभव किए साझा

मंडी। राजकीय महाविद्यालय पनारसा में राष्ट्रीय सेवा योजना के शिविर के शुक्रवार को प्रभात फेरी निकाली गई। योग अभ्यास, पीटी एवं प्रार्थना के बाद स्वयंसेवियों ने महाविद्यालय परिसर में फुलवारियों की साफ-सफाई कर उन्हें संवारा। इसके बाद बौद्धिक सत्र का आयोजन किया। राजकीय महाविद्यालय कुल्लू के राजनीति विभाग से डॉ. खेमचंद ठाकुर एवं वालंटियर बेबी शर्मा मुख्य वक्ता के रूप में शामिल हुए। बेबी शर्मा ने 26 जनवरी की राष्ट्रीय गणतंत्र दिवस परेड में हिस्सा लेने के अपने अनुभवों को साझा किया। कार्यक्रम अधिकारी प्रो. कृष्ण लाल ने बताया कि यह सत्र स्वयंसेवियों के लिए काफी लाभदायक और प्रेरणादायक रहा। संवाद